

St. Michael C.A. News

Elementary Regional Arts Program

Newsletter #1 September 2018

We have Twitter, follow us
@smlycdsb

*"Dear young people, do not bury your talents, the gifts that God has given you! Do not be afraid to dream of great things."
Pope Francis*

Trustee: Carol Cotton
Superintendent: Laura Sawicky
Principal: Dayna Fitzpatrick
Secretary: Catherine Pawlick-Grimes
Secretary: Jennifer Pereira
Parish: Rev. Anthony Iacobelli



Daily Schedule

8:45 am-yard supervision begins
9:00 am-morning entry
10:25-10:40 am-morning recess
12:00-1:00 pm-lunch & recess
2:05 2:20 pm-afternoon recess
3:30 pm-dismissal

Welcome to a New School Year at St. Michael Catholic Academy

Welcome to the beginning of a new school year filled with **dreams** that we **believe** and can **achieve!**

We pray for God's blessing as we continue to build a strong and positive school community, find success in our all efforts and make new friends! We look forward to meeting you at our "Open House," **Thursday September 13th, 2018 beginning at 6:30 pm.** This is a wonderful opportunity for you and your child(ren) to walk the hallways of St. Michael Catholic Academy, meet our dedicated staff and gather as a community.

Dayna Fitzpatrick
Principal



September's Catholic Virtue: **Courage**

I will stand up
for what I know
is right and just. I will face
challenges, fears and difficulty with
Fortitude. I will take responsibility for
reaching my potential.



Multi-Year Strategic Plan

Mission Statement

Guided by Gospel values and Catholic Virtues, in partnership with home and Church, we educate and inspire all students to reach their full potential in a safe and caring environment.

Vision Statement

Our students will become creative and critical thinkers who integrate Catholic Values into their daily lives, as socially responsible global citizens.

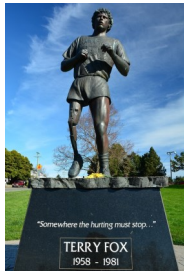
Core Values

Excellence Equity
Fiscal Responsibility Catholicity Inclusion
Integrity Respect

Strategic Commitments

Integration of Our Catholic Faith Continuous Improvement of Student Achievement
Effective Use of Our Resources Engaging Our Communities

Integration of Our Catholic Faith



Terry Fox Run: St. Michael Catholic Academy will be participating in the Terry Fox Run on Friday, September 28th, 2018. The Terry Fox Foundation maintains the vision and principles of Terry Fox while raising money for cancer research. This year is the 38th anniversary of the Terry Fox, Marathon of Hope. More information to follow.

Civvies Day: The last Friday of each month students are invited to wear 'civvies' and make a donation to a selected charity. **Friday September 28th**, will be our September Civvies day. Your invitational donation will go towards the Terry Fox Foundation.

"Courage is the magic that turns dreams into reality." R. Abend

Catholic Virtue Recognition: Each month we recognize students with a certificate and Radio Show announcement who demonstrate the Catholic Virtue attributes. September's Catholic Virtue is **Courage**.

St. Michael Academy Staff List:

Principal	Dayna Fitzpatrick	ERAP Assistant	V. Cozza
Head Secretary	K. Pawlick-Grimes	Educational Assistant	D. Osorio
Secretary	J. Pereira	Educational Assistant	M. Klyuchnik
Head Custodian	B. Fernando	French	L. Lavoie
Custodian	T. Ambos	French	A.M. Terzian
Custodian	B. Bautista, E. Morales	ESL	K. Colaco
Kindergarten	E. Tenuta	Librarian	J. Lyons
Early Childhood Educator	C. Zito	Physical Education	P. Magee
Kindergarten	T. Panicum	Physical Education	P. Fuda Santarsia
Grade 1	A.M. Messere	Lunch Time Supervisor/Office Support	J. Pereira
Grade 1/2	J. Martel	Lunch Time Supervisor	M. Masci
Grade 2	M. Di Mambro	Lunch Time Supervisor	R. Padilla
Grade 2 / 3	M. Graham-Belcastro	Lunch Time Supervisor	M. Ghafari
Grade 3	C. Chance		
Grade 4 ERAP Int. Drama	T. Di Fazio		
Grade 4/5 ERAP Dance	S. Halley-Caspersz		
Grade 5 ERAP Art	Z. Leopky		
Grade 6 ERAP Jr. Drama	T. Di Giovine		
Grade 6	E. Vandehogen		
Grade 7	E. Yarow		
Grade 7/8	J. Barbier		
Grade 8	R. Doria		
Music ERAP FDK-8	S. Pizzi		
Core Resource	F. Rossy		



Integration of Our Catholic Faith



Dear Parents,

I would like to thank you for choosing to send your child/children to St. Michael Academy. I am sure that you agree that St. Michael Academy is an excellent choice for your children to be educated; not only in secular subjects but also the Catholic faith which is why Catholic schools exist at all.

The staff and teachers are here to assist your child's overall development from the beginning to end. Such commitment and dedication is due to the fact that this school is Catholic. The school is an integral part of the Catholic Parish and being of the faith it professes two of its hallmark qualities: it is apostolic and universal.

The apostolicity of this faith claims to be concerned with every child as a unique person, a gift child of God, deserving of respect and loving care. It is for this reason that the quality of teaching and support at St. Michael Academy is seen to be exceptional.

The school is universal in its acceptance of different peoples, cultures and backgrounds. Indeed the word 'catholic' in Greek means universal. It is open to all who choose to believe in Christ and follow in His ways.

Wishing you and your families every blessing.

Blessings,

Frx. Anthony Jacobelli

Pastor

Feast of St. Michael

The Feast of St. Michael is September 29th. Our school will be celebrating our patron saint on Friday September 28th. St. Michael is one of the three angels mentioned by name in the Scriptures. The first reference occurs in the Book of Daniel, where Michael comes to comfort Daniel after he has had a vision, and promises to be his helper in all things. St. Michael is called "the great prince who standeth for the children of Thy people." The name Michael signifies "Who is like to God?" He has been especially honored and invoked as patron and protector by the Church from the time of the Apostles. St. Michael is the patron of grocers, mariners, paratroopers, police, and those that are experiencing illness.

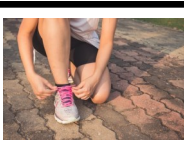
Continuous Improvement of Student Achievement

Band Practices



Beginner Band: Tuesdays @ 12:20 - 1:00 pm.
Junior Band: Wednesdays @ 12:20 - 1:00 pm
Intermediate Band: Thursdays @ 12:20 - 1:00 pm
Wind Ensemble: Wednesdays 7:30am - 8:45am
Students in the Wind Ensemble please note:

Grade 6 students in Wind Ensemble also attend Junior Band rehearsals and performances and Grade 7 & 8 students in Wind Ensemble also attend Intermediate Band rehearsals and performances.



Cross Country: Information for Cross Country runners will be sent home shortly. Practices begin September 10 at 8 am. The Cross Country meet takes place Tuesday October 9th, 2018 at Bruce's Mill. Thank you Monsieur Lavoie and Ms. Di Mambro for providing this opportunity to our students.
Go Dragons Go!!



Engaging Our Communities

Healthy Schools



Make a healthy choice!

Willowtree Farm's Fresh Fundraising! • Students pre-sell boxes of locally grown vegetables. Willowtree Farm will deliver all the produce to the school.

⇒ 50% of all sales go directly to the school.

⇒ • Gets students excited about healthy eating.

⇒ • Raise awareness about the important role good nutrition plays in the development and well-being of children and youth.

Willowtree Farm's Fresh Fundraising will be taking place during the first few weeks of September with delivery in October/November. This opportunity will help us to further build a healthy school environment—a perfect way to teach our students about food, nutrition, and agriculture. Information will be going home shortly. Funds raised will support and enhance technology purchases, school presentations and Guest Speakers, our athletes and transportation for school activities.

Catholic School Council (CSC) Election:

Our first Annual General Meeting will be held on Thursday September 27th, 2018 beginning at 6:30 pm. At this meeting, an election for the 2018-2019 Catholic School Council will take place.

If you desire to serve on the CSC, a nomination form will be posted on our website and will be sent home with your child.

Your involvement, time and efforts benefit all the children in our school.

CSC Meetings are open to all parents whose children attend St. Michael Academy. Thank you for all that you do to support Catholic education, for our students, staff and for the entire school community.

Dream
Believe
Achieve



'WHEELS'

At St. Michael Academy

Physical activity and healthy choices are encouraged, so it is great to see the use of bikes, scooters, skateboards and inline skates by our students.

Wear a helmet!!! Ensure these items are locked or securely stored. For safety reasons, students must walk onto, and off of, the school property.

School Volunteers: We Need You! We value the assistance of many parent volunteers at St. Michael Catholic Academy. Would you like to get involved in some way? Opportunities for involvement include:

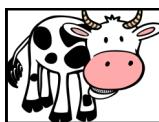
* Catholic School Council * Lunch Committee * Milk Program * Fundraising * * Kiss N Ride, and more. Make a difference in your child's school, meet other parents and be involved in your child's life at school. Please contact the office for further information.

Hot Lunches

Hot Lunch order forms will be sent home shortly. Be sure to complete the order form and send it back to school.

Kid's Kitchen is available for students on Tuesdays beginning Sept. 11th. Order information is available online.

www.kidskitchen.ca



The milk program will begin shortly. Information will be sent home and posted on our website.

DGN Kilters:

Uniforms are available by contacting DGN Kilters at www.dgn-kilters.com

-some items are on back order and shipments may arrive in the next week. Kindly contact DGN Kilters directly.

-'trutex' pants (dress pants for band) are arriving at the end of September

Engaging Our Communities

Lunch Time Supervisors Needed: Monday to Friday 12:00pm—1:00pm

If you are interested in applying for this paid position at St. Michael C.A., please contact our school office 905-889-4816 for additional information. Thank you.

Lunch Time Routines 12:00—1:00 pm

Students remaining at school for lunch will eat in their classrooms from 12:00—12:20 pm. From 12:20—1:00pm, weather permitting, students are outside in the schoolyard. They are to remain on school property. For safety reasons, we ask that students not bring parent permissions forms requesting to visit local stores, restaurants or a classmate's home for lunch time. If your child's lunch time routine changes, a note signed by the parent/guardian will be required at that time and for each such occasion and sent to your child's teacher. Please come to the office and sign out your child(ren) when you pick them up.

Phone Calls & Cell Phones: We would like to remind parents that students should use the school phone for emergencies or if they are not feeling well. Students should not be calling or texting home on their cell phones. Cell phones should be turned off and out of sight while on school property. Please refer to the Board Policy 318 "Personally Owned Electronic Devices" for further information.

Safety Awareness Week:

September 24th - September 28th, 2018 all YCDSB schools will participate in a variety of activities related to student safety, under an umbrella theme of "Safety Awareness Week".

Food & Birthday celebrations

As many of our students and some staff members have life threatening peanut allergies, we kindly ask that you refrain from bringing food items to school to share. This includes birthday celebrations, Tim Horton's, cakes, or treat bags at Halloween etc., that contain any food item. We appreciate your cooperation in keeping all of our community safe.

Parents & Visitors

It is important that all parents, friends and relatives report to the office upon entering the school, whether it is before, during or after school. We ask that all visitors "sign in" at the office. We appreciate your support and thank you for your co-operation.

Signing Out a Student: If you are picking up a child for an appointment during school hours, a parent/guardian must sign out the student in the office. The student will be buzzed to the office upon the parent arrival to the school. Please provide the school with a signed and dated note to this effect.

Please refer to www.ycdsb.ca for various policies...

Healthy Schools: 201

The Protection of Anaphylactic Students: 209

Pediculosis (Head Lice): 210

Effective Use of Our Resources

Safety Reminders:

Ensuring that we are providing a safe environment for all students both within, outside, and coming to and leaving from school is our shared responsibility. School staff will follow specific safety protocols to ensure your child's safety and we would ask that parents also adhere to the safety practices outlined below.

Parents who walk or drive their children to school are asked to say their good-byes before the children enter the school yard. In addition to fostering a sense of independence, this routine affirms the school's safety protocol that the only people in the school yard are the supervising teachers.

Parents of Kindergarten students are asked to bring their children directly to the Kindergarten yard between 8:45am and 9:00am.

-school doors are locked at 8:45 am, please come to the front doors and buzz for entrance with your child if you arrive after 9:00am, a late slip will be provided

-When dropping off or picking up your child at school, please use the designated parking area. The school parking lot is very busy, it is recommended that you use the church parking lot and walk your child(ren) to the school yard area.

Parent Parking: Visitor parking spaces are marked with appropriate signage and are for the general use of parents and / or other visitors to the school throughout the day. The number of 'visitor' parking spaces is limited. Please do not use 'visitor parking' to drop off/pick up your child. Parking is generally available at the Church and on side-streets. Please be a good neighbor and obey the road signs and times indicated.

Kiss N' Ride: On the east side (by the Church), there is staff parking and student drop-off area. SAFETY FIRST—single lane of traffic only, stay to the right side. When students are dropped-off, they should proceed directly to the school yard. Do not pass other vehicles in the drop-off area as students exit vehicles. Patience and cooperation ensures student safety. There is NO PARKING in the Kiss N' Ride. Please do not use the visitor parking to drop your child off in the morning. This creates a dangerous situation and impedes the flow of traffic in the Kiss N' Ride area. If you plan to walk your child to the school yard, please park at the Church or on a side-street and walk to the school along the sidewalk.

Bus Loop Shared with German Mills P.S.: We share a one-way bus loop with our neighbouring school German Mills P.S. The Bus Loop is for German Mills staff (parking), German Mills student drop-off, and school buses for both our schools. **Please do not drive/park in the BUS LOOP area before or after school.**

Morning Supervision and Dismissal:

School yard supervision begins each morning at **8:45am** in the school yard. Unless students are registered in the *Before and After Program*, they **MUST NOT be dropped-off early**, as there is no teacher supervision. Students are dismissed at 3:30pm, and should depart from the school grounds promptly and follow their pre-arranged after-school routine (B & A Program, bus, walk home, parent pick up, etc.) If a student is not picked up at 3:30, he/she should come directly to the office.

Your child's safety and that of all of our students depends on everyone's cooperation. Thank you for your support.

Effective Use of Our Resources

Bus Safety Reminders:

- * Parents should understand the need to make alternative arrangements for their child/children if the school bus is late.
- * Parents should arrive at the bus stop 5 minutes prior to the regularly scheduled pick-up and drop-off times (10 minutes during the first week of school).
- * Parents should know their child/children's route number.
- * Parents should know their child/children's bus stop location.
- * Parents should know the school and bus company phone number in the event of an emergency.
- * Ensure use of Safe Rider Sticker System for all JK, SK and Gr 1 students.

Parents are reminded to refer to the Late Bus Report on the Student Transportation Services website at www.schoolbuscity.com prior to leaving for the bus stop in the mornings and afternoons.

Administration of Medication: If your child requires prescription/non-prescription medication, check with your doctor about the possibility of prescribing medication that could be taken before school and/or after your child returns home. If your child is required to take medication at school, it is the YCDSB's policy that parents submit a completed Administration of Medication Form to the school with the medication. Do not send medication to school without notifying the school and completing the form. Medication is kept at the office. (Policy 207A 207B)

Emergency Contact Forms

Please take the time to ensure that the information on the Emergency Contact form is accurate and current. With the beginning of a new school year, there is a lot of student data that requires inputting into our system to ensure the safety of all of our students. Your support is greatly appreciated! Please return all forms by Friday Sept. 7th, 2018.

Buddy Bench

Thank you to the **Catholic School Council** for supporting the purchase of a Buddy Bench for our school.

Recently installed in our yard the Buddy Bench is a place to go if you have no one to play with or if you need some quiet time. If you see someone on the Buddy Bench...

- ask them to play
- ask them to walk and talk
- speak with the person sitting with you

The Buddy Bench fosters friendships, radiates kindness and inclusion and encourages our students to learn about helping one another. The Buddy Bench helps to build empathy, reinforce inclusiveness, and acts as a constant reminder to everyone to be kind to one another.



Radiate Kindness

Effective Use of Our Resources

Pediculosis (Head Lice) Policy 210

The York Catholic District School Board recognizes concerns related to pediculosis (head lice) at the school and community level. Pediculosis (head lice) are not a public hazard, as they do not cause illness, but they are a nuisance. To prevent pediculosis (head lice) from becoming a problem at our school we all need to work together. Please check your child's head on a regular basis for lice or nits. If you do find lice or nits, you must contact the office so that we can notify other parents in your child's class to keep a special watch for any signs of head lice.

A student's readmission to school is contingent upon the Parent/Guardian submitting a completed and signed "Pediculosis Treatment Form" communicating to the Principal that treatment for pediculosis (head lice) has been administered.

More information on the identification, treatment and prevention of pediculosis (head lice) from the Canadian Pediatric Society (<http://www.caringforkids.cps.ca/handouts/headlice>) and Toronto Public Health (toronto.ca/health) is available on the school's website. A hard copy of the information posted on the school's website will be provided by the Principal if requested by the Parent/Guardian.

School Communication to parents related to *Policy 206: Protection of Students with Asthma*

In accordance with the *Act to Protect Pupils with Asthma* (Ryan's Law : Ensuring Asthma Friendly Schools, 2015) the Board approved a new policy # 206: *Protection of Students with Asthma* at its June 21st Board Meeting. The York Catholic District School Board recognizes that there are some students within the school system who have a diagnosis of asthma which could be life threatening. The York Catholic District School Board also recognizes that asthma management is a shared responsibility among students, parents, caregivers and the entire school community.

It is the responsibility of parent(s)/guardian(s) to advise the school immediately upon registration and/or when in receipt of a diagnosis of asthma. It is also the responsibility of parent(s)/guardian(s) to ensure that all medical information pertinent to their child's diagnosis of asthma is always current.

If your child has a diagnosis of asthma please contact the school office immediately so that the appropriate forms are completed and school records are up to date in accordance with Policy 206.

Thank you for your immediate attention to this request and your ongoing support in the shared responsibility for asthma management in our school. Please refer to the Board's website for more information related to Policy 206.

The Protection of Anaphylactic Students Policy 209: The York Catholic District School Board has a comprehensive policy for students with life threatening allergies. As outlined in the policy, parents are asked to inform the school of such allergies immediately and are required to fill in specific forms with yearly updated photos, which are available in the office. Parents are required to provide the school with two (2) up-to-date, single-dose applications of Epinephrine auto-injector. We ask that NO PRODUCTS be brought into the school that may contain nut products such as peanut butter, certain types of candy bars, cookies, etc. Please be sure to read all label ingredients. Fresh vegetables, fruit, 'no nut' granola bars, raisins, etc., make great snacks for your child(ren). Thank you for your cooperation.

September 2018

Allergy Awareness

All York Catholic District School Board schools are nut and peanut products safe because we have students/staff with a potentially life-threatening form of allergic reaction called anaphylaxis. The York Catholic District School Board recognizes that anaphylaxis management is a shared responsibility among allergic students, parents, caregivers and the entire school.

In accordance with Board Policy 209, Protection of Students with Anaphylaxis, it is the policy of the York Catholic District School Board that all students be entitled to safe and healthy environment in our schools. This includes:

- Establishing an allergy safe school via the restriction of specific foods and food products that may contain nuts, tree nuts, or other allergens
- Implementing 'no food sharing' rules
- Emphasizing proper hand washing routines

We have put strategies and practices into place to reduce the risk of anaphylaxis among our students, and we continue to review our safety practices related to anaphylaxis awareness.

Thank you for everything you do to help keep our school a healthy and safe environment for all students and staff.

D. Fitzpatrick

Principal

Band Uniform Expectations

The Bands (Beginner Band, Junior Band, Intermediate Band and Wind Ensemble) represent St. Michael Catholic Academy during every concert, competition and festival. Performance is a combination of different aspects and the visual impression that a group makes on the audience sends a message of unity. It is expected that all students come in **full band uniform** for every performance and that they come fully prepared (music binders, cleaned instruments).

Beginner Band: Boys: long-sleeved white dress shirt, navy blue dress pants (trutex with pleat, not the cotton ones), navy blue knitted crested cardigan, solid navy blue socks and black dress shoes (no sport shoes).

Girls: long-sleeved white blouse/shirt with a collar, navy blue school kilt, navy blue knitted crested cardigan, navy blue tights and black dress shoes (no sport shoes).

Junior Band: Boys: long-sleeved white dress shirt, navy blue knitted crested cardigan, navy blue dress pants (trutex with pleat, not the cotton ones), solid navy blue socks and black dress shoes (no sport shoes).

Girls: long-sleeved white blouse/shirt with a collar, navy blue school kilt, navy blue knitted crested cardigan, navy blue tights and black dress shoes (no sport shoes).

Intermediate Band: Boys: long-sleeved white dress shirt, navy blue knitted crested cardigan, navy blue dress pants (trutex with pleat, not the cotton ones), solid navy blue socks and black dress shoes (no sport shoes).

Girls: long-sleeved white blouse/shirt with a collar, navy blue school kilt, navy blue knitted crested cardigan, navy blue tights and black dress shoes (no sport shoes).

Wind Ensemble: Boys: long sleeved white dress shirt, navy blue crested vest, navy blue tie, navy blue dress pants (trutex with pleat, not the cotton ones) solid navy blue socks and black dress shoes (no sport shoes).

Girls: long sleeved white blouse/shirt, navy blue school kilt, navy blue knitted crested cardigan, navy blue tights and black dress shoes (no sport shoes).

**ST. MICHAEL CATHOLIC ACADEMY
HOT LUNCH PROGRAM 2018/2019**

Welcome back to another exciting school year! We would like to extend a warm welcome to our new parents and students. Our Penne Pasta is made with meat sauce and our pizza is a choice of - plain cheese or mushroom & green peppers. Our treat is a Chocolate Chip Cookie (a student favorite) from the Terra Cotta Cookie Company.

This cookie is a peanut & nut safe product.

Pizza Days for the first term which runs from October to March are as follows:

**October 5, 12, 19, 26 November 2, 9, 16, 30 December 7, 14
January 11, 25 February 8, 15, 22 March 1, 8**

These dates are listed in the newsletter each month & our online calendar

In order for the program to run smoothly it is important for everyone to follow the instructions listed below:

- 1 Orders must be submitted on a **pizza order form only**.
- 2 Order forms must be completed for **each student individually** and must include the student's name (first and last) & teacher. Students will not be permitted to change their order once it has been completed and returned to the school. No refunds will be given.
3. Submit your payment by cheque made payable to St. Michael Catholic Academy Parent Council. One cheque covering all sibling orders is acceptable.
4. If you choose to pay by cash **please provide the exact amount, as no change will be returned.**
5. * Families will be responsible to reimburse SMCA for any charges incurred as a result of Non-Sufficient Funds (NSF) payments. The fee of \$12 will be in addition to the amount owing.
6. Students must provide their own drinks. If your child is absent on Hot Lunch day his/her lunch may be picked up within the lunch hour by either a parent or sibling. **No refunds will be given and no food will be saved for the next school day.**

Please complete the following order form and return it to the school no later than **FRIDAY SEPTEMBER 7, 2018**. Please ensure your order form is returned on time to avoid disappointing your child.

PLEASE KEEP A COPY OF YOUR ORDER FOR FUTURE REFERENCE

Sincerely,
The Hot Lunch Committee

S.M.C.A. HOT LUNCH PROGRAM – First Term 2018

Please complete this form and have your child return it with the payment by
Friday September 7, 2018.

DATE	PIZZA Cheese \$2.50	PIZZA Mushroom/ Gr.Pepper \$3.00	PENNE PASTA Meat Sauce \$6.00	COOKIE Chocolate Chip \$1.00
October 5				
October 12				
October 19				
October 26				
November 2				
November 9				
November 16				
November 30				
December 7				
December 14				
January 11				
January 25				
February 8				
February 15				
February 22				
March 1				
March 8				
TOTAL	\$	\$	\$	\$

Student Name: _____ Teacher: _____

Total Enclosed: \$ _____ Cash _____ Cheque: _____



Proud to be serving lunch at
St. Michael Catholic Academy
 Service day: **Tuesday**

Entrees

Macaroni & cheese	\$5.50
Grilled cheese sandwich on whole wheat bread	\$5.25
Grilled cheese & turkey sandwich	\$5.50
Teriyaki chicken with steamed rice	\$5.75
Meatballs with mashed potatoes (Veg avail)	\$5.50
California rolls (9 pcs)	\$6.25
Veg. California rolls (9 pcs)	\$6.25
Pancakes (3) with turkey sausage	\$5.75
Pasta with meat sauce (GF)	\$5.50
Pasta with tomato sauce (GF)	\$5.00
Buttery pasta	\$4.75
Pasta salad with crispy turkey bacon	\$5.25
Chicken fingers with rice pilaf (GF)	\$5.50
Veggie fingers with rice pilaf	\$5.75
Beef burger (H)	\$4.75
Chicken burger (H)	\$4.75
Veggie burger	\$5.25

Complete Meals

Veggie bites wrap with fruit	\$6.25
Chicken fried rice with fruit	\$6.25
Tofu fried rice with fruit	\$6.25

Condiments

Butter	\$0.25
Cheese slice	\$0.50
Parmesan cheese	\$0.50
Mayonnaise	\$0.50
Pickles	\$0.25
Plum sauce	\$0.25
Extra syrup	\$0.25
Salt & pepper, Ketchup, Relish,	Comp.

Side Items

Baked potato with sour cream	\$1.50
Garden salad with Italian dressing	\$2.50
Steamed rice	\$2.00
Corn niblets	\$1.25
Edamame (shelled)	\$2.00
Cucumber slices	\$1.25
Veggies & dip	\$2.00
Perogies (4 pcs) with sour cream	\$3.75
Chicken fingers (2 pcs) (GF)	\$3.75
Pancakes with syrup (2pcs)	\$3.75
Garlic bread	\$1.50

Snacks & Desserts

Fresh seasonal fruit	\$1.25
Diced fruit	\$1.50
Yogurt cup	\$1.25
Mini chocolate/banana pita with cream cheese	\$1.75
Banana chocolate chip muffin	\$1.50
Brownie	\$1.25
(GF) Banana blueberry loaf	\$1.50
Chocolate chip cookie	\$1.25
Popcorn	\$1.75
Super food granola bar	\$1.75

Drinks

Chocolate soy milk	\$1.75
Various fruit juices (100% juice)	\$1.25
Lemon iced tea (caffeine free)	\$1.25
Apple watermelon juice (100% juice)	\$1.25
Protein shake (w fruit juice, lactose free)	\$3.00
Bottled water	\$1.50

(GF) Gluten-friendly also available. See prices online.

(H) Halal also available. See prices online.

Visit our website at www.kidskitchen.ca for more menu options!

Each month we feature various **Monthly Specials**. Celebrate annual events with popular **Themed Lunches**.

Ordering is easy!

Visit: www.kidskitchen.ca. Order by 10am the previous business day.

Call: **905.944.0210** Email: information@kidskitchen.ca

Leave the lunches to us!



Previously sent via 'messenger'

This is a message from the York Catholic District School Board with important information for our Elementary Parents and Guardians regarding our enhanced Safe Arrival Program and new CASL (Canadian Anti-Spam Legislation) information.

NEW Safe Arrival Absence Reporting System

- Parents and Guardians are required to report student absences or late arrivals using our Safe Arrival absence reporting system.
- Beginning September 2018, the York Catholic District School Board will implement a new and enhanced **Safe Arrival Program** through a platform called **SchoolMessenger**, which includes a new website: <http://go.schoolmessenger.ca> and App.
- The Safe Arrival Phone Number **remains the same (1-855-856-7862)**.
- Parents and Guardians are required to sign up to the **new** SchoolMessenger Safe Arrival website or App, if they wish to use these methods to report their child's absence or late arrival.
- Instructions for the use of the new Safe Arrival website and App have been **attached** to this email.

New CASL (Canadian Anti-Spam Legislation) Information

- Parents and Guardians are able to unsubscribe from various types of email messages by clicking the "unsubscribe" link located in any e-mail communication from the York Catholic District School Board (details **attached**).
- As part of the enhanced SchoolMessenger program, Parents and Guardians who have previously unsubscribed to Commercial emails from the Board, will not receive these emails.

We appreciate your attention to these important matters for the upcoming school year.