

# Buddy Bench

# Radiate Kindness



Thank you to the **Catholic School Council** for supporting the purchase of a Buddy Bench for our school.

Recently installed in our yard the Buddy Bench is a place to go if you have no one to play with or if you need some quiet time. If you see someone on the Buddy Bench...

- ask them to play
- ask them to walk and talk
- speak with the person sitting with you

The Buddy Bench fosters friendships, radiates kindness and inclusion and encourages our students to learn about helping one another. The Buddy Bench helps to build empathy, reinforce inclusiveness, and acts as a constant reminder to everyone to be kind to one another.